

MODERN GODDESS NEW MOON RITUAL

SUPPLIES:

Willow Besom Broom

Willow Wand

Moonstone

Silver Candle for Goddess Energy

Palo Santo or Sage

Photo Athena & Snow Owl

Star of Anise -clairvoyance, healing, new moon work

Paper and pen

Citrine Stone- energizing, prosperity, happiness, personal power & intuition

Dandy Lions-healing, purification, wish casting, used in divination.

Jar or glass of water

***Willow wood** is known as a Goddess wood-the tree of enchantment, of witcheries.

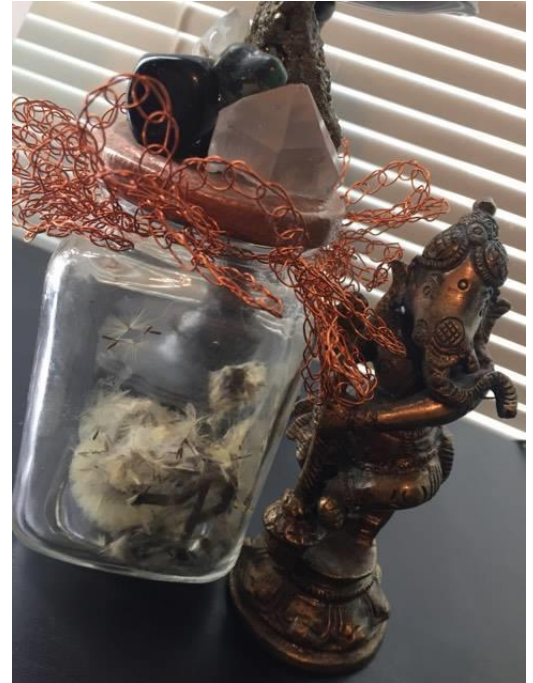
This wood holds the moon and water element, it's connected to the moonstone, it's bird is an owl and it's color is the Goddess color or silver

Willow wood is great to use for new moon work, it can help with creativity & inspiration to draw into your life what it is that you want! It can be used in healing protection in underworld Shamanic journeying and more. I found my willow wand and wood to make my besom broom at a local craft store, I used different sprigs and twigs to make my broom and put a citrine stone right on the broom. You can find them online as well but I find it best to create your own and put your own juju and intention into it!



Ritual: *and I love to do this outside under the new moon energy or in my sacred space in my home.*

- Light stick of palo santo, allow the flame to out and smudge with the smoke around yourself and your space. This Spanish holy wood will cleanse your space, use besom broom to sweep smoke to the north, east, south and west calling on protection from the elements
- Light your candle, send your intentions into the flame. You may anoint the candle with an oil of your choosing.
- With your stones in hand sit in meditation on what it is you want to manifest and draw into your life. New moon energy is about creation, planting seeds and putting new things into motion. Quiet the mind and the soul will speak.....what is it that you want? However big or small, play the role of the observer and hear what your heart desires.
- Continue your meditation, declaring your intention.
"I align myself with the elements of nature under the darkness of the new moon, to draw in a new and positive path for myself. I leave myself open to the shift in energy taking place and to what will serve my highest purpose in evolution at this time." Spend some time in meditation on the 3rd eye to see what comes to you, even if you already have an intention in mind.
- Write your wish on your piece of paper and hold it in your hands. Focus on the flame of the candle and state your intention, call upon any assistance you may need, invoking the help of Athena, the moon, the Goddess or anything else. Put the paper with your dandelions & star of anise and send your energy there.
- When you are done bury the paper with the dandelions & star of anise into the Earth, planting the seeds of intention for your wish to grow and come into fruition! Offer this blessing: *"I offer my intentions into the Earth, aligning myself with this shift in energy to plant the seeds I wish to sow over the many days to come. I offer myself protection, presence, guidance, healing and transformation towards my highest purpose. With this energy, I put into motion this new intention."*



Thank you for enjoying my new moon ritual, learn more at www.moderngoddessliving.com